



## **MEDERI CENTRE FOR NATURAL HEALING**

### **Waiver of Liability for Low-Dose Products**

**September 1, 2016**

Mederi Centre for Natural Healing (MCNH) draws on the tradition of Eclectic herbal medicine, which includes certain low-dose herbs that are potentially toxic, and may be harmful if used or handled improperly.

Low-dose single herb extracts and compound formulas, which include low-dose ingredients, are available only to practitioners who demonstrate sufficient knowledge or experience to ensure their safe use. This includes knowledge of appropriate dosage, cautions, contra-indications, signs of toxicity, and first aid measures.

Approval is granted solely at the discretion of the Mederi Centre Dispensary, and may be rescinded at any time without notice or warning. We reserve the right to refuse sale of any herb or herbal formula at any time to any customer for any reason.

#### **Information Requested:**

- ✓ Name and Degrees/Credentials
- ✓ Contact Information (phone #, e-mail)
- ✓ Years in Practice
- ✓ School(s) attended, and Graduation date(s)

Briefly review your classroom and clinical experience with low-dose herbs. (If you are not an ND, please review your training in general with herbal medicine as well.)

#### **Potential Toxicology:**

Initial

Low-dose herbs, and compound formulas which include low-dose ingredients, have significant potential for harm from misuse. As an approved practitioner, I understand the risks and potential side effects for each herb and compound formula that I purchase from the Mederi Centre for Natural Healing Dispensary. I understand the therapeutic dose and the toxic dose potential first aid measures. I am aware of the potential risk as listed in the *Botanical Safety Handbook, 2<sup>nd</sup> edition*, or similar reference text.

#### **Storage Precautions:**

Initial

Store at room temperature, away from direct sunlight, in closed containers when not in use. Store in separate locked cabinet, away from other food or nutritional or herbal supplements. Keep out of reach of children.

#### **Accessibility:**

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I will not display or promote these products for sale over-the-counter, or without a prescription. I will not place or display these products where the public or children may access them. I will not make these products directly available to minors (under the age of 18), rather only under the guidance and supervision of their parents or legal guardians.

In the case of multiple practitioners or office administrators ordering under the same account, I accept full responsibility for the actions of all individuals associated with this account, in the way of storage, display, recommendation, application, and prescription of these products.

**References:** The following are recommended resources for low-dose botanicals.

*Botanical Safety Handbook, 2<sup>nd</sup> edition*

Gardner, Z., McGuffin, M. American Herbal Products Association 2013

*The Toxicology of Botanical Medicine*

Brinker, F. Eclectic Medical Press 2000

*The Essential Guide to Herbal Safety*

Bone, K., Mills, S. Elsevier 2005

I understand and accept all risk with the use of these restricted low-dose botanicals. I understand that each herb has its own unique phytochemical make-up. I understand that the use of low-dose herbs is potentially hazardous, sometimes even at usual therapeutic doses. This informed consent sheet cannot cover all possible situations which the user may experience.

**Acknowledgement & Liability Waiver for Low-Dose Products**

By initialing the above consents and signing below, I certify that I have read and understand this document in its entirety; I agree to all provisions herein, and certify that all information provided by me has been true and complete. I indemnify Mederi Centre for Natural Healing from any legal responsibility related to the inappropriate storage, display, recommendation, application, or prescription of these products.

Name \_\_\_\_\_

Degrees/Credentials \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_